

Counseling Practices (Multiple Practitioners)		
NAME/WEBSITE	CONTACT INFO	NOTES
Selah Counseling Services <a href="http://SelahCounselingNJ.com">SelahCounselingNJ.com</a>	908-332-9180 <a href="mailto:info@selahcounselingnj.com">info@selahcounselingnj.com</a>	Offers individual, couple, and family counseling, as well as life coaching
Wellspring Counseling <a href="http://www.wellsprings.org/counseling">www.wellsprings.org/counseling</a>	201-956-6363 <a href="http://www.wellsprings.org/counseling">www.wellsprings.org/counseling</a>	In-Network with Aetna, Chesterfield, Meritain, Nippon Virtual appointments available
Debra Fileta Counselors Network <a href="http://debrafileta.com/counseling">debrafileta.com/counseling</a>	<a href="http://debrafileta.com/counseling">debrafileta.com/counseling</a>	Web-based sessions with a licensed professional counselor from the comfort of your own home
Licensed Clinical Social Workers		
NAME	CONTACT INFO	NOTES
Tanya Jones-Awolusi, LCSW	732-858-1533 <a href="http://butterflyeffectcc.com">butterflyeffectcc.com</a> <a href="mailto:tanya@butterflyeffectcc.com">tanya@butterflyeffectcc.com</a>	Offers Telehealth sessions
Anna Bradshaw, LCSW	973-520-0296 <a href="http://annabradshaw.com">annabradshaw.com</a> <a href="mailto:anna@annabradshaw.com">anna@annabradshaw.com</a>	Works with women, serves Morris County, parenting, grief & loss
Licensed Professional Counselors		
NAME	CONTACT INFO	NOTES
Beth Hastings, LPC	973-464-2759 <a href="http://beth-hastings-counseling-nj.com">beth-hastings-counseling-nj.com</a>	Offers virtual or in-person appointments
Katie DeFrank, LPC, CPLC	862-485-1252 <a href="mailto:katedefrankcounseling@gmail.com">katedefrankcounseling@gmail.com</a>	Works with women Does both in-person and virtual therapy
Carenet Christian Counseling Lani M. Moore, MA, LPC, NCC	732-873-8844 <a href="http://carenetchristiancounseling.com">carenetchristiancounseling.com</a> <a href="mailto:lanic@carenetchristiancounseling.com">lanic@carenetchristiancounseling.com</a>	Has evening hours available, individuals, couples, families
Basking Ridge Therapy, LLC Patricia A. Hucko, MA, NCC, LPC	908-766-3199 <b>(May not be accepting new clients)</b> <a href="mailto:patrichucko@baskingridge-therapy.com">patrichucko@baskingridge-therapy.com</a>	Works with adolescents, adults, and couples Has a divorce support class
Glenn Murphy, LPC	908-249-3159 <a href="http://GlennMurphyCounseling.com">GlennMurphyCounseling.com</a> <a href="mailto:glenn@GlenMurphyCounseling.com">glenn@GlenMurphyCounseling.com</a>	Offers in-person and virtual sessions
Journeys Counseling Lynn Libby, LPC	609-737-6334	Offers individual, couple, and family counseling
Mountain View Counseling, LLC Michelle Badger, LPC	609-577-8166	Works with children, adolescents, families and individuals
Sophos Counseling Deborah Foulkes Bert, PhD, LPC, NCC	973-330-8123 <a href="http://sophoscounseling.com">sophoscounseling.com</a> <a href="mailto:dfoulkes@sophoscounseling.com">dfoulkes@sophoscounseling.com</a>	Offers Christian Integrative Treatment and Pastoral Counseling In-Network with some insurance Immigration Evaluation Child/Adolescent services

Licensed Marriage and Family Therapists		
NAME	CONTACT INFO	NOTES
David Dressler, MA, LMFT	908-872-6307 <a href="mailto:david@gracetherapyservices.org">david@gracetherapyservices.org</a>	Marriage and family therapy Offers free 15-minute consultation
Marriage and Family Wellness Dr. Christian Santana, LMFT	908-346-0210 <a href="http://marriageandfamilywellness.com">marriageandfamilywellness.com</a> <a href="mailto:csantana@marriageandfamilywellness.com">csantana@marriageandfamilywellness.com</a>	Offers individual, couple, and family therapy Offers parenting skills classes
Psychologists		
NAME	CONTACT INFO	NOTES
New Life Counseling Psychology Dr. Lisa Blazek Luisi, Psy.D.	908-509-4559 <a href="http://newlifecounselingpsych.com">newlifecounselingpsych.com</a> <a href="mailto:drlluisi@newlifecounselingpsychology.com">drlluisi@newlifecounselingpsychology.com</a>	Offers Telehealth
Dr. Frank MacArthur, Psy.D.	201-669-6320 <a href="http://drfrankmacarthur.com">drfrankmacarthur.com</a>	Offers virtual, phone, outdoor therapy
Clifford Moore, Psy.D.	973-489-3814 <a href="http://moorecounselingnj.com">moorecounselingnj.com</a> <a href="mailto:moorecounselingnj@gmail.com">moorecounselingnj@gmail.com</a>	Has offices in Mountainside and Montclair In-network with some insurance plans
Psychiatrists		
NAME	CONTACT INFO	NOTES
Bright Futures Psychiatry Dr. Jennifer DiMukes, MD	609-228-6896 <a href="http://brightfuturespsychiatry.org">brightfuturespsychiatry.org</a> <a href="mailto:brightfuturespsychiatry@therapysecure.com">brightfuturespsychiatry@therapysecure.com</a>	Therapy, medication management, psychiatric evaluation and diagnosis

#### Explanations of the Types of Mental Health Practitioners

Licensed Clinical Social Workers(LCSW) are trained to evaluate a person’s mental health and use therapeutic techniques based on specific training programs. They are also trained in case management and advocacy services.

Licensed Professional Counselors(LPC) are master’s-degreed mental health service providers, trained to work with individuals, families, and groups in treating mental, behavioral, and emotional problems and disorders. They are trained to evaluate a person’s mental health and use therapeutic techniques based on specific training programs.

Licensed Marriage and Family Therapists(LMFT), like LPCs, are master’s-degreed mental health service providers, trained to work with individuals, families, and groups in treating mental, behavioral, and emotional problems and disorders. Their degree is in the area of marriage or family therapy.

Pastoral Counselors are trained provide support and guidance to people of all ages and circumstances who are looking to approach their issues from a spiritual perspective. They help address personal conflict, marriage and family, or spiritual issues.

Psychologists(PSY.D.) hold a doctoral degree in clinical psychology, counseling, or education. They are trained to evaluate a person’s mental health using clinical interviews, psychological evaluations and testing and can make diagnoses and provide individual and group therapy.

Psychiatrists(MD) are licensed medical doctors who have completed psychiatric training. They can diagnose mental health conditions, prescribe and monitor medications and provide therapy.